

Fr. Joe Pereira Iyengar Yoga Workshop
September 10th to 12th 2010
Registration form

Name: _____

Address: _____

Phone # _____ Email: _____

Years of Yoga Experience: _____

Father Joe Pereira, September 10th, 11th, 12th 2010

Cost:

Friday Intensive \$75 (\$72 USD)

Sat & Sun \$220, after August 1st \$250 (\$215 and \$242 USD)

***You must bring mat, 2 blocks, 3 blankets, 2 belts, & bolster*

Iyengar teachers & Advanced Iyengar students only – must study with Iyengar method teacher

- *Friday 4 – 7 pm*
- *must be able to hold sirsasana, sarvangasana for 5 minutes unassisted and understand use of props*
- *Name of Iyengar teacher you study with _____*

Payment amount enclosed \$ _____

Open to All students of Yoga

- *Saturday 10 - 1 & 3 - 5 pm*
- *Sunday 10 – 12 & 2 - 4 pm*

Payment amount enclosed \$ _____

Total Payment amount enclosed \$ _____

Payment is to John Pece c/o Leigh Milne PO Box 426 Chester NS, B0J 1J0, Canada.

Payment is CAD or USD cheque.

Cancellation Policy: If you withdraw at anytime a \$50 processing fee applies. If you withdraw within two weeks of the workshop 50% of total workshop fee is charged.

Informed Consent and Waiver of Liability – return this with your registration payment

I understand that yoga poses are physically intensive exercise and I voluntarily assume the risk inherent in my participation in this workshop, including the risk of injury, accident, death, loss, cost or damage to my person or property, and I release and indemnify organizers Chester Harbour Yoga & Massage Therapy, Leigh Milne and John Pece and Instructor Fr. Joe Pereira from and against all such claims and liabilities, including medical and attorneys' fees from this date on.

I further attest that I am in sufficient health, and/or that I have consulted with a physician and I am able to undertake and engage in the physical movements and exercises in this workshop.

Name (print) _____

Signature _____

Date _____